



# Helping you *feel* *bEAutiful* at every age.

External Affairs are experts in aesthetic and regenerative medicine with locations in both St. Albert and Edmonton. Our team of physicians, nurses, and skincare specialists have been helping men and women feel confident in their own skin for over 25 years! Leveraging the latest innovative technologies and techniques, backed by science, we personalize treatments to your body and your goals for natural results that feel authentically like you.

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## Clinical Policies

- Leave valuables at home (including children).
- Please arrive at least 15 minutes before your appointment.
- Please ensure you provide us with 48 hours notice to avoid being charged a cancellation fee.
- No returns on products or service rendered.

## Deposit Policies

- Deposits are required to secure your booking for all EA services.
  - Deposits are fully refundable if you cancel, or reschedule your appointment with 48 hours notice.
  - Deposits are fully refundable if you attend your consultation and do not proceed with a treatment.
  - Failure to give required notice, or attend your appointment may result in a forfeited deposit or service series.
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## Community Accolades

- Top Choice Awards - Top Medical Spa 2018, 2019, 2020
- T8N Readers Choice Award 2018
- St. Albert Chamber Of Commerce Small Business Of The Year Award 2015
- St. Albert Chamber Of Commerce Outstanding Customer Service Nomination 2016, 2018
- St. Albert Chamber Of Commerce Outstanding Marketing Nomination 2014, 2015, 2017

# Happy 25th Birthday to Us!

Hello beauty! 2020 marks 25 years in business for External Affairs Edmonton. That's 25 years of helping men and women feel more beautiful inside and out!





# Skin

*Reverse the signs of aging, prevent aging, and brighten and smooth skin.*

Great skin is a product of a healthy lifestyle, high quality skin care and effective skin treatments. Come see one of our Skin Experts today.

## *Glowing Skin Treatments*

Signature Facial .....	\$95
Microdermabrasion Facial.....	\$130
Chemical Peel .....	\$120
Blue Light Treatment.....	\$50
Dermaplaning .....	\$130

## *Age Repair & Prevention Treatments*

V2 Hydralift .....	\$550+
Photofacial .....	\$375
Add on Neck and Décolleté .....	+\$250
Micro-Needling with Oxy Nutrient Infusion .....	\$375
Add on Neck and Décolleté .....	+\$250
Mild miXto CO2 Treatment .....	\$500
Advanced miXto CO2 Treatment .....	\$2500

SAVE WITH OUR VIP PROGRAM. ASK YOUR TECH TODAY.

## *Lift & Tighten Treatments*

Vampire Facial® .....	\$600
Add on Neck and Décolleté .....	+\$250
Ultherapy® .....	Based on Consultation

# Cosmetic Aesthetics

*Transformative. Age Prevention. Age Reversal.*

As we age, we lose volume in our faces due to collagen and bone loss, genetics, and lifestyle choices. We help treat common facial aesthetic concerns such as aging skin, wrinkles, temple and cheek hollowing, sunken undereyes, thinning lips, and sagging jawlines. Cosmetic injectables help to restore a youthful, natural, and plump appearance that will help you to look the age you feel!

<b>Botox® or Dysport® Cosmetic</b> .....	Based on Consultation
<b>Injectable Fillers</b> .....	Based on Consultation
<b>Radiesse®</b> .....	Based on Consultation
<b>Sculptra®</b> .....	Based on Consultation
<b>Belkyra®</b> .....	Based on Consultation
<b>V2 Hydralift</b> .....	\$550+
<b>Microtox</b> .....	\$350+
<b>1 Syringe</b> .....	Starting at \$650.00

## *Procedural Area Prices*

*These prices are for advanced injection areas.*

<b>Glabella/Frontalis Fill</b> .....	\$150.00 + product
<b>Tear Trough Fill</b> .....	\$150.00 + product
<b>Liquid Rhinoplasty</b> .....	\$150.00 + product
<b>Crows Feet Fill</b> .....	\$150.00 + product
<b>Bar Code Fill</b> .....	\$150.00 + product
<b>Temple</b> .....	\$150.00 + product

## Save with our VIP Program!

Save on services, product and gifts. Earn bonus rewards and get access to exclusive promotions. Ask a customer service representative about our VIP Program today.

# Makeup

*Wake up gorgeous everyday.*

Our semi-permanent and permanent makeup options allows you to wake up looking refreshed and “put-together” with zero effort. Save valuable time every morning with subtle, natural-looking makeup.

## Latisse

3ml .....	\$139
5ml .....	\$209

## Eye Envy

3.5ml .....	\$105
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## *Permanent Makeup/Microblading*

Brows - Two Application Process.....	\$650
Eye Liner, Top & Bottom.....	\$850
Eye Liner, Top or Bottom.....	\$550
Lip Liner & Fill.....	\$850
Brows & Full Liner.....	\$1250
Brows & Top Liner .....	\$1000
Maintenance.....	50% off current price, as per PM Consent guidelines

## *Semi-Permanent Makeup*

Eyelash Tint.....	\$40
Eyebrow Tint.....	\$30
Eyebrow Tint With Wax.....	\$45
Henna Brows With Wax .....	\$100

# Hair Removal

*Get smoother, irresistible glowing skin.*

Our years of expertise in hair removal allows us to make key recommendations based on your unique skin type and desired results. All of our lasers are medical grade, and all of our technicians are extensively trained and have numerous years of experience.

## *Laser Hair Removal*

Face or Neck.....	\$100
Face and Neck.....	\$175
Lip, Chin, Sideburns Or Between Brows .....	\$50
Beard Shaping .....	\$100
Underarms.....	\$85
Half Arm .....	\$200
Full Arm .....	\$250
Chest or Back .....	\$350
Bikini .....	\$100
Mexican .....	\$150
Brazilian .....	\$200
Half Leg (Upper) .....	\$225
Half Leg (Lower) .....	\$200
Buy 1, Get 2 Package .....	Choose Any Body Part

*Pay up-front for 4 treatments of your body part of choice. Receive 4 treatments on a second body part of equal or lesser value. Both areas must be treated during the same appointment. VIP discounts can not be applied on already discounted Laser Hair Removal package pricing.*



## *Waxing*

Brows .....	\$25
Face .....	\$50
Lip or Chin .....	\$20
Lip and Chin .....	\$30
Add on Nose, Ears, Toes .....	\$15
Back or Chest .....	\$85
Underarms .....	\$30
Arms .....	\$50
Brazilian .....	\$95
Mexican .....	\$70
Bikini .....	\$50
Full Legs .....	\$95
Half Legs .....	\$50

# Teeth Whitening

*A beautiful smile is always in style.*

Teeth Whitening .....	\$250/treatment
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# Fat Loss

*It's all about the science. And the results.*

Freezing fat comes down to science! Fat cells freeze at lower temperatures than surrounding tissues. CoolSculpting delivers safe, precise and controlled cooling to gently and effectively target fat cells underneath the skin. The treated cells are crystallized (frozen) then over time your body naturally processes and eliminates the fat.

**Coolsculpting®** ..... Based on Consultation

*On average patients see a 20-24% reduction in fat from the area treated, permanently.*

**Save with our EA VIP Program. Ask your Customer Service Representative today.**

**Fat Loss Injection** ..... Based on Consultation

*When diet and exercise aren't enough, Saxenda® may help. This FDA-approved, prescription injectable medicine may help adults lose excess weight when used in combination with a low-calorie meal plan and increased physical activity. A consultation with our medical doctor is required.*



**Your  
body.  
Your  
rules.**



# Regenerative Medicine

Our passion is making you feel good, inside and out. Confidence starts from within, and we take your wellness seriously. External Affairs has over a decade of experience in Bio-Identical Hormone Replacement Therapy, and over 3 years of experience with Platelet-Rich Plasma (PRP) treatments. All of our Regenerative Medicine Treatments are based on evidence based, scientific research.





# Vaginal Rejuvenation

After receiving EA Vaginal Rejuvenation, you will experience increased sensitivity, better and healthier sex, more intense orgasms and overall improvement on appearance. Woman who suffer from urinary stress incontinence will experience results almost immediately.

**Female Vaginal Rejuvenation** ..... \$3900+  
*Includes O-Shot® and 3 V-Lase treatment.*

# P-Shot

The P-Shot is ideal for men who are struggling with erectile dysfunction, and/or who looking to improve the aesthetic appearance of their penis. This procedure can also improve sensation and lead to more intense orgasm.

**P-Shot®** ..... \$1900  
*Includes P-Shot® and at home device.*

**Vascuwave®** ..... \$3300  
*External Affairs is proud to carry the exclusive technology of Vascuwave for the treatment of erectile dysfunction.*



# Medical Services

## *Medical Services*

Hyperhidrosis.....	Based on Consultation
Medical Injection Fee.....	\$250
Chronic Migraine Treatment.....	Based on Consultation

## *Vein Treatments*

Laser Vein Removal.....	per 15minTx \$150
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## *Lumps & Bump Removal*

Electrocautery.....	per 15min Tx \$150
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# Hormone Services

BHRT significantly reduces the risk of chronic disease and all-cause mortality, including cardio vascular disease, cancers, dementia, Alzheimer’s and more. Our tailored treatment plans may include a combination of bioidentical hormone therapy, targeted supplementation, lifestyle strategies, and other advanced therapies.

## *Bio-Identical Hormone Replacement Therapy*

Annual Fee.....	\$495
BHRT Booklet.....	\$10

# EA Hair ReGrowth

*A non-surgical hair loss restoration solution.*

Price per treatment.....	\$750
<i>(Typically 6 treatments are required.)</i>	
3 Treatment Package.....	\$1950
Theradome LLLT Helmet.....	\$1250



TOP MEDICAL SPA OF 2018, 2019 & 2020 IN EDMONTON

**ST. ALBERT**

8 Mission Avenue  
St. Albert, AB T8N 1H4  
Call 780.459.5520

**EDMONTON**

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